

Class: V

Health & Physical Education, Art Education, Work Education

Time: 2 Hours

Score : 45

INSTRUCTIONS

1. There are three sections: Health and Physical Education, Art Education and Work Education.
2. Each sections carries 15 scores.
3. First 15 minutes is cool-off time.
4. Answer each section in each separate answer sheet. Don't forget to write your Name, Subject, Class and Roll number in all the sheets.

Health and Physical Education

Questions 1 to 5. (ANSWER ANY FOUR)

(4 x 1 = 4)

1. Which among the following do you select to improve the function of the heart?
(food, exercise, video game, reading)
2. Our body produces from food for our daily activities.
(Nitrogen, Carbon dioxide, Oxygen, Energy)
3. can be identified by gently pressing the bottom of the trachea with the index and middle fingers.
(Pulse, Fatigue, Pain, Anxiety)
4. Name the instrument used for measuring body temperature.
(Stethoscope, Barometer, Thermometer, Goniometer)
5. helps to bring the heart rate down to a resting state.
(Warming up, Weight training, 100 meter race, Cooling down)

Questions 6 - 10. (ANSWER ANY FOUR)

(4 x 2 = 8)

6. What do you mean by "Warming Up"?
7. What is 'Pulse'?
8. Name two games which you have familiarised while learning the lesson 'My Body'.
9. Why do we sweat during physical activities?
10. Which games need agility?

Questions 11-12. (ANSWER ANY ONE)

(1 x 3 = 3)

11. What changes occur in a body while engaging in different games?
12. What are the reasons for fatigue when we engage in physical activities?

ART EDUCATION

Questions 1 to 6. (Answer ANY FOUR)

(4 x 1 = 4)

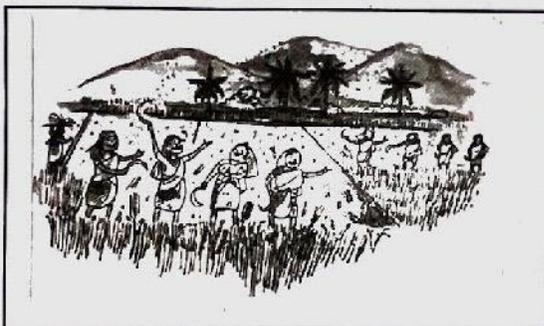
1. Who among the painters is popularly known as the 'Artist among Kings and King among Artists'?
- (M F Hussain, Raja Ravi Varma, Gaganendranath Tagore, Picasso)

2. 'Thithi thara thithithey thithei thaka thei thei thom'. This type of sounds help a song to make it more rhythmic and is known as
(Pulluvan pattu, Vaithari, Ashtapathi, Jathiswaram)
3. Name the famous Kerala dancer who wrote "Mohiniyattam-Charithravum Aattaprakaravum".
(Kalamandalam Kalyanikuttiamma, Padma Subramanyam, Yamini Krishna Moorthi, Rugminidevi Arundel)
4. Which dramatic form can be shown only through sounds?
(Dance drama, Street drama, Radio drama, Puppet show)
5. Name the Bengali painter who started a 'Swadeshi School of Art, including the traditional way of Indian Art.
(M F Hussain, A Ramachandran, Abaneendranath Tagore, Vivan Sundaram)
6. Which musical art form is associated to Sri.Njeralath Ramappothuval.
(Sopana Sangeetham, Mappilappatt, Film song, Western Music)

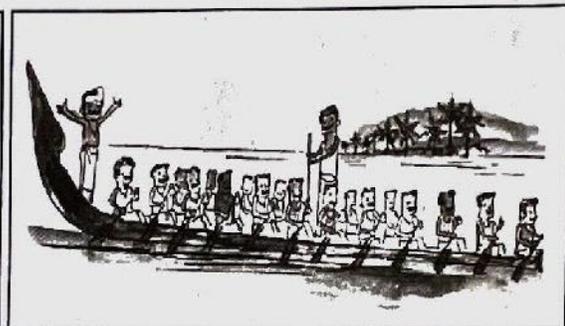
Questions 7 to 8. (Answer ANY ONE)

(1X 2 = 2)

7. Observe the pictures carefully and find out the branch of music related to it.



A



B

8. Write any 4 folk dances of Kerala.

Questions 9 to 12. (Answer ANY TWO)

(2X 3 = 6)

9. Draw any six different types of leaves and colour them.
10. Write four lines of your favourite folk song including 'Vaithari'
11. Match the following.

a) Bharathanatyam	-	Andra Pradesh
b) Mohiniyattam	-	Tamilnadu
c) Kuchipudi	-	Kerala
12. School time is over.....
Heavy rain.....

A child who forgot to take umbrella reached home through the rain. Construct dialogues between the child and his/her mother in the form of a drama.

(PTO)

Question 13-14. (Answer ANY ONE)

(1 x 3 = 3)

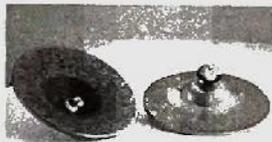
13. A child makes a paper boat and puts it into the water. An ant which is struggling in the running water enters into the boat. On the way, the boat sticks among the leaves. The ant manages to escape by entering into the leaves. Draw pictures suitable for this situation and colour them.
14. Match the following.



Ilathalam



Chenda



Udukku

WORK EDUCATION

Questions 1 to 5. (Answer any FOUR)

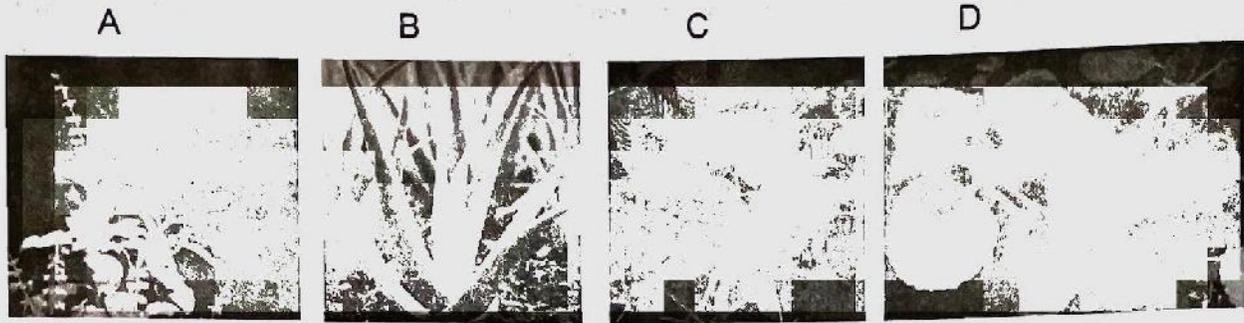
(4 x 1 = 4)

1. What amount of bleaching powder should be used to clean one ring water in the process of cleaning a well?
(1 match box, 2 match box, 3 match box, 4 match box)
2. Which part of the cauliflower is edible?
(leaf, stem, flower, root)
3. Which among the following is not a climber?
(snake gourd, grape, ivy gourd, brinjal)
4. Which of the following is not a water conservation method?
(rain water tank, rain water to the well, rain water to the river, rain water pit)
5. Why do farmers sprinkle turmeric powder when they sow vegetable seeds?
(to prevent birds, to avoid ants and insects, to prevent animals, to protect from the sun)

Questions 6 to 10. (Answer any FOUR)

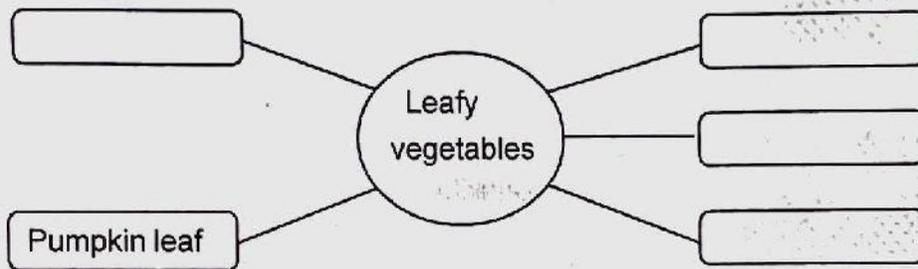
(4 x 2 = 8)

6. Identify the medicinal plants given below and write their names



7. How can we remove toxins in vegetables?

8. Complete the wordweb of leafy vegetables.



9. Match the following.

- | | | |
|-------------------|---|-----------------------|
| Dry day | - | Tobacco decoction |
| Organic pesticide | - | Waste water |
| Organic manure | - | Preventing mosquitoes |
| Jaundice | - | Cow dung |

10. Categorize the following into grains and tubers.

(yam, big bean, wheat, colocasia, black gram, tapioca, purple yam, paddy)

Questions 11 and 12. (Answer any ONE)

(1 x 3 = 3)

11. Explain the method of preparing of a light nutritious food that can be made using the food items from our surroundings.

12. Describe the measures that can be adopted to prevent mosquitoes.