

14. BIOMOLECULES

Biomolecules: Chemical compounds found in living organisms. Responsible for their growth, maintenance and their ability to reproduce.

e.g.: Carbohydrates, proteins, nucleic acids, lipids, vitamins etc.

CARBOHYDRATES / Saccharides

- Old definition:** These are the hydrates of carbon - $C_x(H_2O)_y$.
- Modern definition:** They are **polyhydroxy aldehydes** or **ketones** or substance which produces such units on hydrolysis.

Classification of carbohydrates

→ Based on their behaviour on hydrolysis:

- Monosaccharides:** These are carbohydrates which cannot be hydrolysed into simpler units of polyhydroxyaldehydes or ketones.
E.g.: Glucose, fructose, galactose, ribose etc.
- Oligosaccharides:** These are carbohydrates which give 2-10 monosaccharide units on hydrolysis.
They are further classified as disaccharides, trisaccharides, tetrasaccharides etc.
E.g.: Sucrose, maltose, lactose etc.
- Polysaccharides:** These are carbohydrates which give a large number of monosaccharide units on hydrolysis.
E.g.: starch, cellulose, glycogen, gums etc.

→ Based on their reducing character:

Based on this, carbohydrates are of two types –

- Reducing sugar - Carbohydrates** which contain free aldehydic or ketonic groups
e.g.: All monosaccharides, disaccharides like maltose and lactose
- Non-reducing sugar - Carbohydrates** which do not contain free aldehydic or ketonic group
e.g.: Sucrose, all polysaccharides

→ Based on their physical properties:

- Sugars:** Carbohydrates which are sweet in taste, crystalline and water soluble.
- Non-sugars:** Carbohydrates which have no sweet taste, not crystalline and water insoluble. eg: all polysaccharides

I. Monosaccharides

Classification:-

→ Based on the functional group:

- Aldose:** Monosaccharide containing an aldehyde (-CHO) group
- Ketose:** Monosaccharide containing a keto ($>C=O$) group.

→ Based on the no. of carbon atoms:

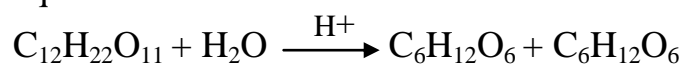
- Aldose or ketose containing 3 carbon atoms are called triose, 4 carbon atoms are called tetrose etc.

1. Glucose / dextrose

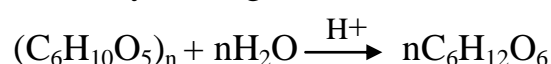
Glucose is an aldohexose. Its molecular formula is $C_6H_{12}O_6$.

Preparation

- From sucrose (Cane sugar):** Sucrose boiled with dil. HCl or H_2SO_4 in alcoholic solution, glucose and fructose are obtained in equal amounts.



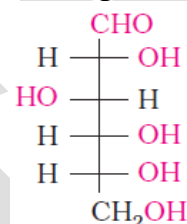
- From starch:** Commercially glucose is obtained by hydrolysis of starch by boiling it with dil. H_2SO_4 at 393 K under pressure.



Experiments on elucidating the structure

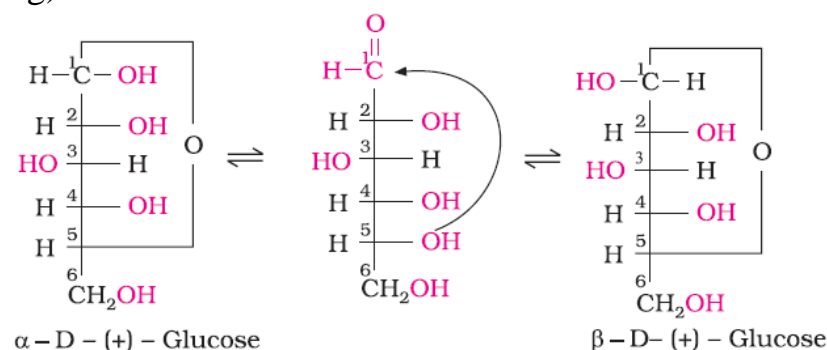
Glucose react with	Product	Inference
HI	n-Hexane	All the 6 carbon atoms are linked in a straight chain
HCN	Cyanohydrin	Presence of carbonyl group
NH_2OH	Oxime	
Bromine water (Br_2/H_2O)	Gluconic acid	Carbonyl group is aldehyde
Acetic anhydride	Glucose pentaacetate	Presence of 5 -OH group
Conc. HNO_3	Saccharic acid	One of the -OH group is primary.

- Based on the above information, Fischer (1891) proposed an open chain structure for glucose as follows:



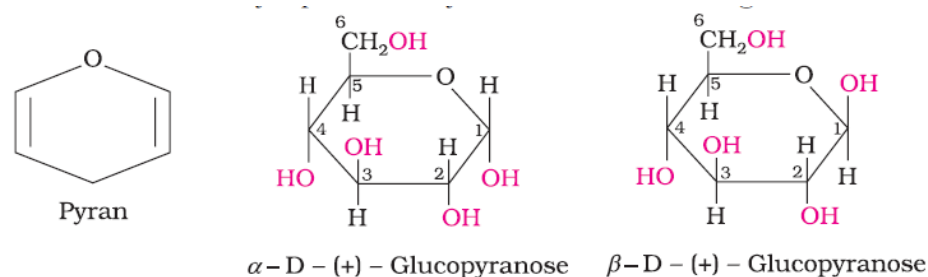
D- Glucose (Open chain structure)

- But this open chain structure cannot explain the following observations:
 - Glucose does not react with 2,4-Dinitrophenyl hydrazine, Schiff's reagent and with $NaHSO_3$.
 - The pentaacetate of glucose does not react with hydroxylamine indicating the absence of free $-CHO$ group.
 - The existence of two different crystalline forms of glucose (α and β form).
- In order to explain the above, it was proposed that one of the -OH groups may add to the $-CHO$ group and form a cyclic hemi-acetal structure. The -OH at C_5 is involved in ring formation. (1, 5 - oxide ring).



Thus the two cyclic forms exist in equilibrium with the open chain structure. The two cyclic hemi-acetal forms of glucose differ only in the configuration at first carbon (anomeric carbon). So they are called **anomers**. They are stereo isomers which differ only in the configuration at the first carbon.

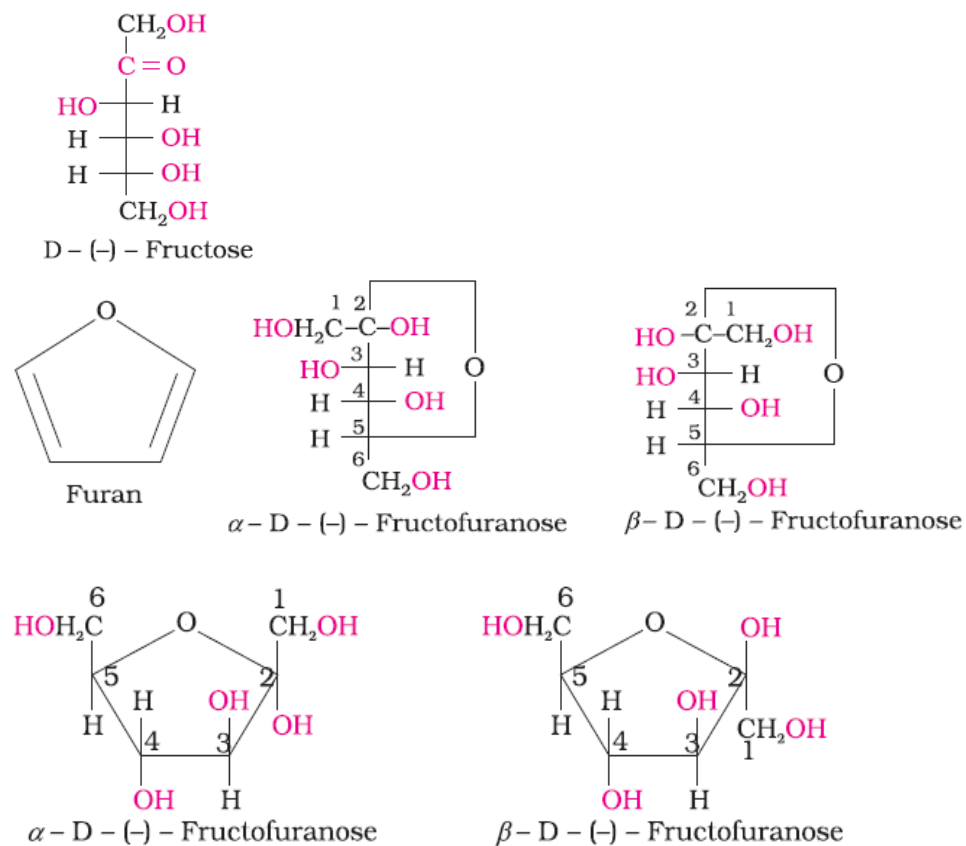
- The six membered cyclic structure of glucose is called Pyranose structure. The anomeric forms of glucose can be represented as follows:



2. Fructose

- Fructose is an important ketohexose also with molecular formula $C_6H_{12}O_6$.

Structure



II. Disaccharides

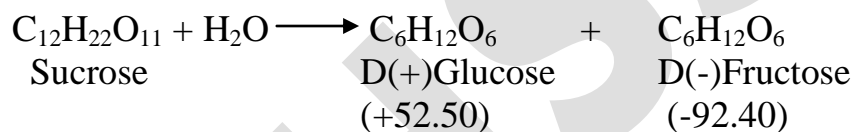
→ *Glycosidic linkage*

It is the bond formed when individual monosaccharides are linked between 2 carbon through oxygen atom (C-O-C) by dehydration.

No	Sugar	Reducing character	Monosaccharides	Glycosidic linkage b/w
1.	Sucrose	Non-reducing	α -D glucose + β -D-fructose	C ₁ of α -glucose and C ₂ of β -fructose (C ₁ – C ₂)
2.	Maltose	Reducing sugar	α -D glucose + α -D-glucose	C ₁ of one α -glucose and C ₄ of another α -glucose (C ₁ – C ₄)
3.	Lactose	Reducing sugar	β -D-glucose + β -D-galactose	C ₁ of galactose and C ₄ of glucose

? *Hydrolysis of cane sugar is also called inversion of sugar*

➔ Cane sugar is sucrose, which on hydrolysis gives an equimolar mixture of D(+)glucose and D(-)fructose.



Sucrose is dextro rotatory but after hydrolysis gives dextro rotatory glucose and laevo rotatory fructose. Since the laevo rotation of fructose (-92.40) is more than dextro rotation of glucose (+52.50), the mixture is laevo rotatory. So the process is called *inversion of cane sugar* and the product formed is called *invert sugar*.

III. Polysaccharides

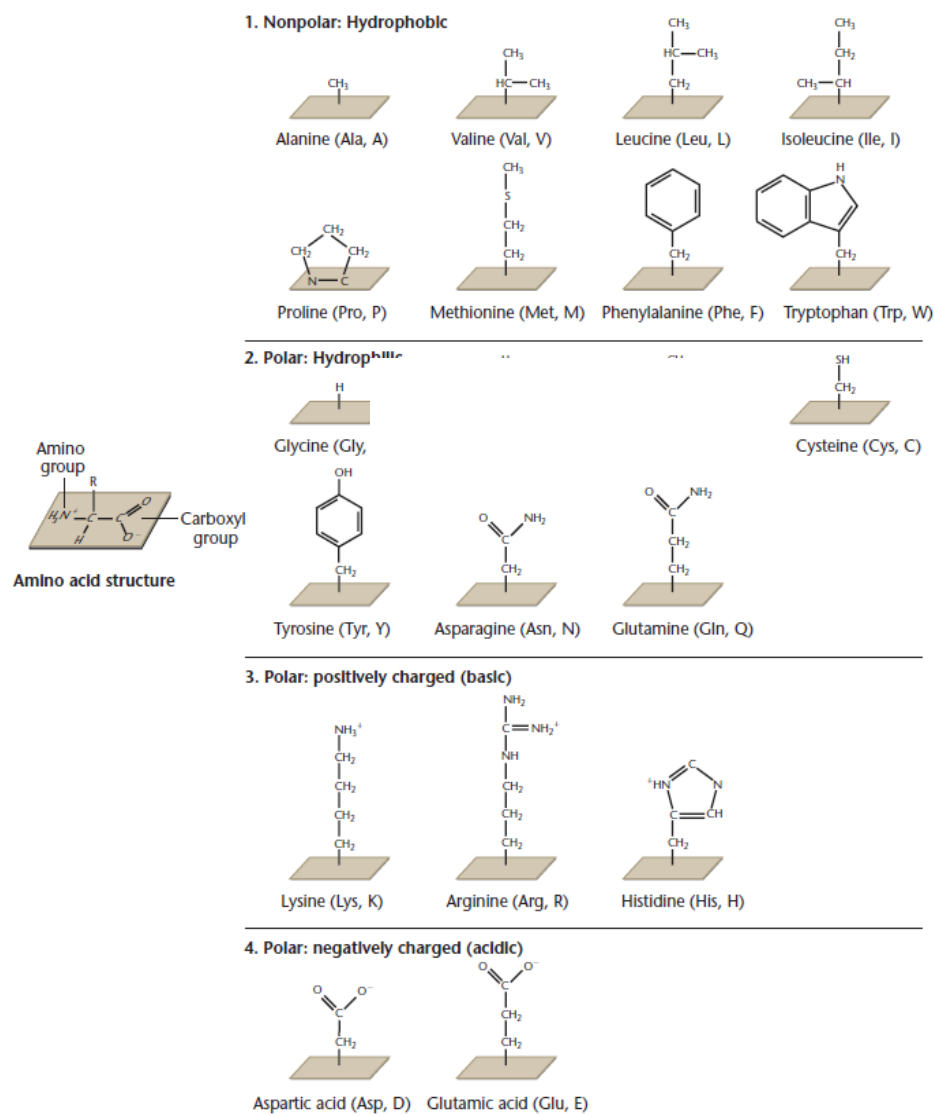
No.	Sugar	Reducing character	Mono-saccharides	Glycosidic linkage b/w
1.	Starch	Non-reducing	α -D-glucose	It contains two components – 1. Amylose is a linear polymer of α -D-glucose (C_1 - C_4) 2. Amylopectin is a branched chain polymer of α -D-glucose (C_1 - C_4 & C_1 - C_6)
2.	Cellulose	Non-reducing	β -D-glucose	C_1 of one glucose and C_4 of another glucose
3.	Glycogen	Non-reducing	α -D-glucose	Similar to amylopectin

Importance of Carbohydrates

- As storage molecules as starch in plants and glycogen in animals.
- Cell wall of bacteria and plants is made up of cellulose.
- Used as raw materials for industries like textiles, paper, lacquers and breweries.
- Carbohydrate in the form of wood is used for making furniture etc.

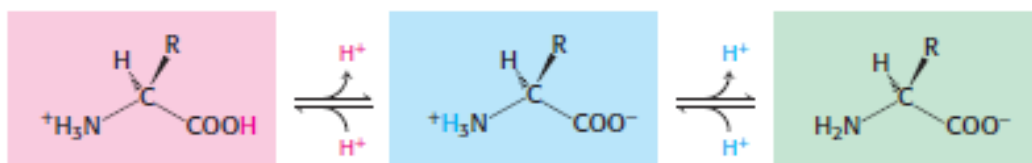
PROTEINS

- They are heteropolymers of amino acids linked by peptide bonds.
- Amino acids contain amino ($-\text{NH}_2$), and carboxyl ($-\text{COOH}$) as functional group. Depending upon the relative position of the $-\text{NH}_2$ group *w.r.t* $-\text{COOH}$ group, the amino acids are classified as α , β , γ , δ and so on.
- There are 20 α -amino acids used for protein synthesis. Their chemical structure and designation are -



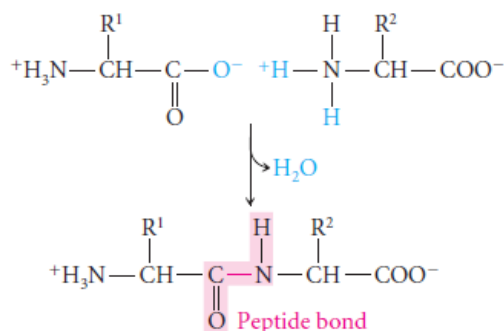
Classification of Amino acids-

- a. Based on the availability, amino acids are 2 types:
 - o **Essential amino acids** (should get through diet)- Lysine, leucine, isoleucine, methionine, phenylalanine, tryptophan, arginine, histidine, threonine and valine include in this type.
 - o **Non-essential amino acids** (body can synthesize)- Alanine, asparagine, aspartic acid, cysteine, glutamine, glutamic acid, glycine, proline, serine and tyrosine.
 - b. Based on the no. of amino & carboxyl group, amino acids are
 - ◆ **Acidic**- Contain 1 amino group and 2 carboxyl group. They are **aspartic acid** and **glutamic acid**.
 - ◆ **Basic** - Contain 2 amino group and 1 carboxyl group. They are **lysine**, **arginine** and **histidine**.
 - ◆ **Neutral** -Contain 1 amino group and 1 carboxyl group. (others)
 - c. Some amino acids are **aromatic** (have a benzene ring in the variable group) – They are tyrosine, phenyl alanine, and tryptophan.
- The structure of amino acids changes in solutions of diff. pH, because they have ionizable $-\text{NH}_2$ & $-\text{COOH}$ groups. The stage with both NH_3^+ ions & COO^- ions is termed as **zwitter ionic** (**zwitter^{Ger}: both**, act as both anion & cation).



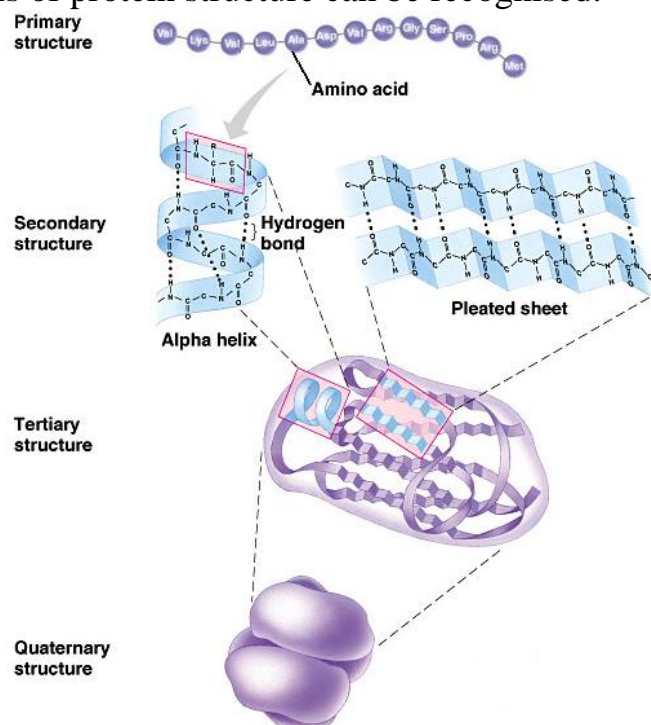
Structure of proteins-

- **Peptide bond** is formed when -COOH group of one amino acid reacts with -NH_2 group of next amino acid by releasing a molecule of water (dehydration).



Levels of protein structure:

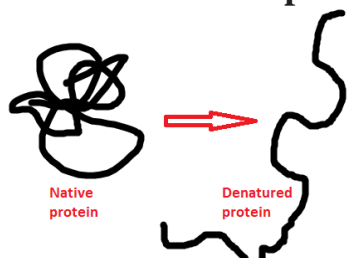
4 levels of protein structure can be recognised:



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1. **1^o structure:** It describes the sequence of amino acids, i.e. the positional information in a protein.
2. **2^o structure:** The shape in which a long polypeptide can exist.
2 types:-
 - (i) **α - helix:** A protein thread is folded in the form of a helix. This structure is maintained by H-bonds which are formed between -NH group of one amino acid and -CO group 4 amino acids away. It has only right handed helices.
 - (ii) **β -pleated sheet:** In this, the polypeptide chain lie side by side in a zig-zag manner with alternate R groups on the same side situated at fixed distance apart.
3. **3^o structure:** Long protein chain is folded extensively upon itself. It is maintained by ionic bond, H-bond, S=S bond as well as van der Waals and electrostatic forces of attraction. It gives rise to two major molecular shapes viz. fibrous and globular.
 - (a) **Fibrous proteins-** Rod-like structure formed when the α -helixes run parallel and are held together by H and disulphide bonds. Such proteins are generally insoluble in water. e.g.: keratin (present in hair, wool, silk) and myosin (present in muscles), etc.
 - (b) **Globular proteins-** Spherical shape structure formed when the chains of polypeptides coil. These are usually soluble in water. e.g.: Insulin and albumins.
4. **4^o structure:** Some proteins are an assembly of more than one polypeptide or subunits. The separate subunits are held by hydrophobic interactions and H and ionic bonds. E.g. Hb has 4 subunits (2 α and 2 β subunits)

- ✚ The 2^o or 3^o structure of proteins gets disturbed on change of pH or temperature and they are not able to perform their functions. This is called **denaturation of proteins**.



e.g.: The coagulation of egg white on boiling, curdling of milk.

ENZYMES

- Enzymes are **biological catalysts** which influence biochemical reactions.

VITAMINES

- ✓ **Vitamins** are accessory food factors required in the diet.
- ✓ They are classified as -
 - (i) Fat soluble (A, D, E and K)
 - They are stored in liver and adipose (fat storing) tissues.
 - (ii) Water soluble (B group and C).
 - Water soluble vitamins must be supplied regularly in diet because they are readily excreted in urine and cannot be stored (except vitamin B₁₂) in our body.
- ✓ Deficiency of vitamins leads to many diseases.

Sl. No.	Name of Vitamins	Sources	Deficiency diseases
1.	Vitamin A	Fish liver oil, carrots, butter and milk	Xerophthalmia (hardening of cornea of eye) Night blindness
2.	Vitamin B ₁ (Thiamine)	Yeast, milk, green vegetables and cereals	Beri beri (loss of appetite, retarded growth)
3.	Vitamin B ₂ (Riboflavin)	Milk, eggwhite, liver, kidney	Cheilosis (fissuring at corners of mouth and lips), digestive disorders and burning sensation of the skin.
4.	Vitamin B ₆ (Pyridoxine)	Yeast, milk, egg yolk, cereals and grams	Convulsions
5.	Vitamin B ₁₂	Meat, fish, egg and curd	Pernicious anaemia (RBC deficient in haemoglobin)
6.	Vitamin C (Ascorbic acid)	Citrus fruits, amla and green leafy vegetables	Scurvy (bleeding gums)
7.	Vitamin D	Exposure to sunlight, fish and egg yolk	Rickets (bone deformities in children) and osteomalacia (soft bones and joint pain in adults)
8.	Vitamin E	Vegetable oils like wheat germ oil, sunflower oil, etc.	Increased fragility of RBCs and muscular weakness
9.	Vitamin K	Green leafy vegetables	Increased blood clotting time

NUCLEIC ACIDS / Polynucleotide

- Nucleic acids are responsible for the transfer of characters from parents to offsprings.
- There are 2 types of nucleic acids — **DNA** and **RNA**.
- Nucleic acids are **heteropolymer** of nucleotides. A nucleotide consists of -
 1. **A nitrogen bases**, 2 types-
 - **Purines:** It includes *Adenine (A)* and *Guanine (G)*
 - **Pyrimidines:** It includes *Thymine (T-in DNA)*, *Cytosine (C)* & *Uracil (U -in RNA)*
 2. **A pentose sugar** (β -D-2-deoxyribose in DNA or β -D-ribose in RNA)
 3. **A phosphate group.**

Nitrogen base → **Nucleoside** → **Nucleotide**
+Sugar **+ phosphate**

2^o structure of DNA (Watson - Crick Model)
- DNA exists as a **double helix**. The 2 **polynucleotide strands** are arranged antiparallely.
- The backbone of DNA is formed by the **sugar-phosphate-sugar chain**. **Nitrogen base pairs** form the steps of DNA.
- A phosphate molecule links the **3'-carbon** atom of one sugar of one nucleotide to the **5'-carbon** of the sugar of the succeeding nucleotide.
- There is an **ester bond** between PO_4^{3-} and -OH group of sugar. As there is one such ester bond on either side, it is called **phosphodiester bond**.
 The nitrogen bases are projected more or less perpendicular to this backbone but face inside.
- A pairs with T (**A=T**) by 2 hydrogen bonds.
 G pairs with C (**G≡C**) by 3 hydrogen bonds.