

SAMAGRA SHIKSHA, KERALA



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First Terminal Evaluation 2019-20

Health and Physical Education, Art Education, Work Education Time 2 hours

Class V

Instructions

- 1. Cool-off time 15 minutes. Read all the questions carefully.
- 2. Write answers for all questions in all the three sections
- Questions are given in three sections. You have to answer three sections in three
- separate papers. Write your name, subject, class number and class.
- 4. Two hours is alloted for three sections. Take 40 minutes for each section.

Health and Physical Education

Answer any four, from 1 to 5

- The pulse rate while engaging in a physical exercise. 1. (decreases, does not change, stops, increases)
- The device used for measuring body temperature. 2. (Stethescope, Thermometer, Barometer, Goniometer)
- If you press below the wind pipe using the index finger and middle finger, you can 3. feel the

(Heart beat, Panting, Breathing, Pulse)

- What is the normal heart beat of a person in a minute? 4.
 - (70 120, 80 140, 60 100, 20 30)
- Our body produces for the day to day activities from food. 5.

(Oxygen, Energy, Nitrogen, Carbon)

Answer any four, from 6 to 10

- What is pulse? 6.
- Why does the body temperature increase while doing physical activities? 7.
- Name any two games that you have learned from your textbook? 8.
- Write the formula to find the maximum heart beat while you are engaged in a 9. physical activity.
- What is heart beat? 10.

Answer any One, from 11 to 12

- What changes occur in your body while doing physical activities? 11.
- How sweat is produced while doing physical activities? 12.

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ART EDUCATION

Answer any Four, from 1 to 6

- A student wants to draw the picture of an elephant. He has a doubt, whether the fore legs and the hind legs are of the same height. What is your opinion? (Same height, Height of hind legs are more, Height of hind legs are less, Height of fore legs are less)
- I need green colour to draw. There is no green colour in my colouring box. Which colours should I mix to get green colour? (Blue + Yellow, Yellow + Red, Yellow + Orange, Yellow + Violet)
- Flute belongs to category of musicl instrument. (Membranophones, Wind instruments, Percussion instruments, Stringed instruments))
- Vaitharies are formed through
 (Ragas, Swara, Keerthanas, Combination of letters)
- You might have seen many dance forms in your School youth festival. Which among the following have you seen? (Kathak, Mohiniyattam, Manipuri, Punjabi)
- 6. State the body movements of a cat when a dog suddenly comes near it.
 (Cat escapes, Bends the body and makes frightening noise,
- Cat attacks the dog, Cat couches)

Answer any two, from 7 to 10

- 7. Imagine you have a small single storyed house. There is a big mango tree near the house. A cock is standing below. Draw a picture that shows the difference in the size of each. You can use a pen or a pencil, no need of colouring.
- 8. Name any six musical instruments that you are familiar with.
- 9. Each dance forms have its own features. Write any three features that you know.
- 10. We can see a systematic movements among man, animals and birds. Write any three such movements based on situations.

Answer any One, from 11 to 12

11. Write any three important differences in shape between an elephant and a goat.

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12. Write a brief note on 'Vaithari'.

Answer any One from 13 to 14

- 13. Dance forms are divided into two important sections. Which are they?
- 14. Arrange into a meaningful sentence.

a) Select, we have to, for the independence day, a patriotic song

b) To go there, any business, do you have

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WORK EDUCATION

Answer any three, from 1 to 4

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 After the flood, people returned to their homes. Which is the best way to sanitize their home and well?

(Straining, Draining water, Spreading soap water, Chlorination))

2. Which method is suitable for farming in a slope land?

(Inter cropping, Contour farming, Organic farming, Mixed farming)

3. Identify a cleaning device from the pictures given below.







(Snake gourd, Spinach, Ash gourd, Bitter gourd)

Answer any four, from 5 to 9



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6. Observe the pictures of ancient farming devices. Select the names from the brackets.



(Thevukotta, Plough, Vithupothi, Para)



a) Observe the flowchart and write out which of them is the purest water.b) Write the reasons to prove it?

- Majority of the people in the world die due to diseases caused by mosquitoes.
 Name any two diseases caused by mosquitoes.
- 9. You have cultivated some organic vegetables. It is ready for sale. Prepare two posters to promote the sales.

Answer any one, from 10 to 11

7.

10. Except air, water is the most important component for the existence of life. Write

some measures to preserve and conserve water.

11. Now a days the use of greeting cards is becoming less.

a) Which are the modern media used for exchanging such greetings?

b) Explain the process of making a greeting card by drawing a picture.

