

**CBSE Class XI PHYSICS**  
**Revision Notes**  
**CHAPTER 6**  
**WORK, ENERGY AND POWER**

1. **Notions of work, work-energy theorem, power**
2. **Kinetic energy**
3. **Potential energy**
4. **The conservation of Energy**
5. **Non-conservative forces-Motion in a vertical circle, Collisions**

**SUMMARY**

1. The work-energy theorem states that the change in kinetic energy of a body is the workdone by the net force on the body.

$$K_f - K_i = W_{net}$$

2. A force is conservative if (i) work done by it on an object is path independent and depends only on the end points  $\{x_i, x_f\}$ , or (ii) the work done by the force is zero for an arbitrary closed path taken by the object such that it returns to its initial position.

3. For a conservative force in one dimension, we may define a potential energy function

$$F(x) = -\frac{dV(x)}{dx}$$
  
such that  
or 
$$V_f - V_i = -\int_{x_i}^{x_f} F(x) dx$$

4. The principle of conservation of mechanical energy states that the total mechanical energy of a body remains constant if the only forces that act on the body are conservative.

5. The gravitational potential energy of a particle of mass  $m$  at a height  $x$  about the earth's surface is  $V(x) = m g x$

where the variation of  $g$  with height is ignored.

6. The elastic potential energy of a spring of force constant  $k$  and extension  $x$  is

$$V_x = \frac{1}{2} k x^2$$

7. The scalar or dot product of two vectors  $A$  and  $B$  is written as  $A \cdot B$  and is a scalar quantity given by :  $A \cdot B = AB \cos \theta$ , where  $\theta$  is the angle between  $A$  and  $B$ . It can be positive, negative or zero depending upon the value of  $\theta$ . The scalar product of two vectors can be interpreted as the product of magnitude of one vector and component of the other vector along the first vector. For unit vectors :

$$\begin{aligned} \hat{i} \cdot \hat{i} &= \hat{j} \cdot \hat{j} \\ &= \hat{k} \cdot \hat{k} = 1 \text{ and } \hat{i} \cdot \hat{j} \\ &= \hat{j} \cdot \hat{k} = \hat{k} \cdot \hat{i} = 0 \end{aligned}$$

Scalar products obey the commutative and the distributive laws.

Physical Quality	Symbol	Dimensions	units	Remarks
Work	$W$	$[ML^2T^{-2}]$	J	$W = F \cdot d$
Kinetic Energy	$K$	$[ML^2T^{-2}]$	J	$K = \frac{1}{2} m v^2$
Potential energy	$V(x)$	$[ML^2T^{-2}]$	J	$F(x) = \frac{dv(x)}{dx}$
Mechanical energy	$E$	$[ML^2T^{-2}]$	J	$E = K + V$
Spring Constant	$K$	$T^{-2}$	$[Nm^{-1}]$	$F = -kx$ $V(x) = \frac{1}{2} kx^2$
Power	$P$	$[ML^2T^{-3}]$	W	$P = F \cdot v$ $P = \frac{dw}{dt}$