

JAIN COLLEGE, J C Road Bangalore Mock Paper -1, February - 2015

II PUC- Psychology (32) Max. Marks: 100 **Time: 3 Hours 15 Minutes** 1X10=10I. Answer the following questions in a sentence each: 1. Define intelligence according to Munn. 2. Who gave the concept of mental age? 3. What is the meaning of the word 'persona' 4. What are traits? 5. What is assertiveness? 6. Expand MMPI. 7. What is conformity? 8. What is ecology? What is scape goating? 9. 10. Define cohesiveness. II. Answer any 10 of the following in 2-3 sentences each: 2X10=2011. Write down the different charecristics of communication. 12. Explain the major sources of stress. 13. What is social loafing? 14. Briefly explain rationalization. 15. Write a note on electro convulsive therapy. 16. Mention the goals of psychotherapy. 17. What is depersonalization disorder? 18. Which are the two forms of transference? 19. What is role conflict? When does it occur? 20. What does environmental stress express on individuals? 21. What is token economy? 22. What are mood disorders? III. Answer any eight of the following 15-20 sentences. 5X8 = 4023. What are the essential characteristics of an effective counsellor? 24. List the different strategies adopted to reduce aggression and violence. 25. How does noise effect task performance? 26. Briefly explain the effects of environment on human behavior. 27. Explain social loafing and social facilitation. 28. Brief on the strategies used to handle prejudice. 29. What is existential therapy? 30. Write a short note on substance abuse disorders. 31. Explain the different types of somatoform disorders. 32. How do you develop positive attitude and thinking? 33. Explain interview as a method of personality assessment. 34. Explain Louis thurstone theory of intelligence. IV. 2X10=20Answer any two of the following in 30-35 sentences: 35. Explain eclectic therapy as a major approach to counselling. 36. Elaborate on the psychological characteristics on poverty and discrimination. 37. Write a note on the importance of groups on individual. 38. Which are the different techniques involved in behavior therapy? **PRACTICALS** V.

Answer any two of the following:

medical questionnaire.

2X5 = 10

- 39. Write the plan and procedure you have followed to study your subject's personality using EPI.
- 40. Write the plan and procedure you have followed to study intelligence of your subject using GMA.
- 41. Write the plan and procedure used to study the presence of neuroticism using Maudsley



JAIN COLLEGE, J C Road Bangalore Mock Paper -2, February - 2015

Time: 3 Hours 15 Minutes II PUC- Psychology (32) Max. Marks: 100

 $1 \times 10 = 10$

I. Answer the following in a sentence each:1. Define personality according to Gordon Allport.2. What are surface traits?

- 3. What are conflicts?
- 4. Expand OCD.
- T. Expand OCD.
- 5. Define autism.
- 6. What is dream analysis?
- 7. What is irrational fear of animals called?
- 8. What is Postpartum depression?
- 9. Define counselling according to Smith.
- 10. What is antilocution?

II. Answer any 10 of the following in 2-3 sentences: 2 X 10 = 20

- 11. If a ten year old girl has a mental age of 14, what is her IQ?
- 12. Write on Jung's two personality types.
- 13. What is frustration?
- 14. Demonstrate Approach-avoidance conflict with an example.
- 15. Write a note on the two step concept by Mohsin in processes for attitude change.
- 16. Brief on the two eating disorders.
- 17. What is aversion therapy?
- 18. Describe Hypochondriasis.
- 19. Briefly explain the realistic conflict theory.
- 20. What is mania?
- 21. Mention the negative effects of TV.
- 22. Which are the common problems faced by students at the +2 stage?

III. Answer any 8 of the following in 15-20 sentences each $8 \times 5 = 40$

- 23. Explain Beck's cognitive therapy.
- 24. Briefly explain Rogerian approach/therapy to handle maladjustment.
- 25. Which are the conditions where rehabilitation is required?
- 26. Write the role of classical conditioning in attitude formation.
- 27. Write a note on the positive symptoms of schizophrenia.
- 28. What is directive counseling?
- 29. Write a note on exercise and relaxation as a stress management technique.
- 30. Describe briefly the factors influencing abnormality.
- 31. Explain briefly the development of transference.
- 32. Describe the origin and growth of prejudice.
- 33. What are the effects of substance abuse?
- 34. Explain General adaptation syndrome.

IV. Answer any two of the following in 30-35 sentences: $2 \times 10 = 20$

- 35. Explain the different stages involved in counseling.
- 36. Describe Erik Erickson's psycho social stages of development.
- 37. Which are the major types of mood disorders?

38. Explain all the factors involved in the group.

V. Answer any two of the following:

 $2 \times 5 = 10$

- 39. Write the plan and procedure adopted to study the stereotypes of Indians towards few national groups.
- 40. Write the plan procedure you have adopted to determine the social structure and social relation by sociometric method.
- 41. Write the plan and procedure adopted to study the effect of fatigue on mental co ordination.
