

JAIN COLLEGE, J C Road Bangalore Mock Paper -1, January - 2016 II PUC - Psychology (32)

Max. Marks: 100 **Time: 3 Hours 15 Minutes** I. $1 \times 10 = 10$ Answer the following in one sentence each: 1. Define personality. 2. What is Regression? 3. Expand MMPI. 4. What is pressure? 5. Define phobia. 6. What is negative Transference. 7. List the demerits of Humanistic Therapy. 8. Define prejudice according to Gordon Allport. 9. What are stereotypes? 10. What is conformity? II. Answer the following in 2 sentences each: $2 \times 10 = 20$ 1. What is social loafing? 2. What are the demerits of existential therapy? 3. Mention the physiological effects of stress. 4. What are the advantages of projective techniques? 5. What is sublimation? 6. What are the socio cultural factors effecting intelligence? 7. Explain OCD. 8. What is psychopathy? 9. Explain Aversion therapy. 10. What is Auto kinetic phenomenon? $8 \times 5 = 40$ III. Answer the following in 15-20 sentences each: 1. Write notes on the history of intelligence testing. 2. Mention the different uses of intelligence tests. 3. Explain Friedman and Rosenman's Type theory of personality. 4. Elaborate on the structures of personality according to Freud. 5. Explain thematic Apperception test of personality. 6. Explain the different stress management techniques. 7. Write short notes on Alcohol and dependence. 8. Write the merits and demerits of psychoanalytic therapy IV. Answer the following in 30-35 sentences each: $2 \times 10 = 20$ 1. Write the different types of somatoform disorders. Write short notes on PTSD 2. Explain cognitive therapy in detail. ٧. **Practicals** $5 \times 2 = 10$ 1. Explain the plan and procedure adopted to study Mental fatigue. 2. Asses the degree of adjustment of the subject using Bell's Adjustment Inventory.



JAIN COLLEGE, J C Road Bangalore Mock Paper -2, January - 2016 II PUC - Psychology (32)

Max. Marks: 100 **Time: 3 Hours 15 Minutes** I. $1 \times 10 = 10$ Answer the following in one sentence each Define intelligence according to Wechsler. 2 What is creativity? 3 What are cardinal traits? 4 What is Displacement? 5 Who developed 16 PF? 6 What is an interview? 7 What is Error of central tendency? Define Hypochondriasis. 9 What is Alogia? 10 Who developed the Rational Emotive therapy? Answer the following in 2-3 sentences each: $2 \times 10 = 20$ II. 1 What is Token Economy? 2 Explain briefly Electro-convulsive therapy. 3 What is Psychosurgery? 4 Explain classical conditioning as a part of learning attitudes. 5 What is Empathy? 6 Explain the stages involved in group formation. 7 Explain Dissent. 8 What is crowding? 9 Write a note on psychology and social concern. 10 What is Behaviour medicine? $5 \times 8 = 40$ III. Answer the following in 15-20 sentences each: 1. Explain the levels of consciousness according to Psychodynamic approach. 2. What does EPI denote and write a note on it. 3. What are conflicts? Explain its types. 4. Explain yoga as a method of stress reduction. 5. How do we develop positive attitude and thinking? 6. Write a short note on mood disorders. 7. Briefly explain the goals of psychotherapy. 8. Elaborate on Cognitive behaviour therapy IV. following in 30-35 sentences each; $2 \times 10 = 20$ 1. Elaborate on natural disasters with its effect on human behaviour. 2. Write notes on Poverty as a major reason for aggression. ٧. **Practicals** $5 \times 2 = 10$ 1. Write the plan and procedure involved in Sach's Sentence completion test.

2. How do you asses t general mental ability of your subject using Jalota General Mental Ability